

SANTA CLARA COUNTY

Secure Youth Treatment Facility



The purpose of the Santa Clara County Secure Youth Treatment Facility is to provide a therapeutic healing environment where young people feel safe, caregivers feel reassured, and community partners feel appreciated and included in providing a compassionate environment where youth/young adults can be strengthened socially and emotionally. Within the living units' environment, youth/young adults learn coping, social and life skills, and a sense of community. Youth/Young Adults will have a structured daily routine, inclusive of enrichment and leisure time. The living units, staffed with behavioral health practitioners, and youth counselors, will provide a balance of structure and rehabilitation.

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Santa Clara County Juvenile Center
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TREATMENT

The Program utilizes feedback from the community, youth and stakeholders and incorporates the University of Cincinnati Corrections Institute (UCCI) best practices and treatment models. These practices and treatment models are gender and culturally-responsive, trauma-informed, and consider the individual needs of each youth.

Interventions/Practices:

- UCCI Cognitive Behavioral Intervention Core Youth (CBI-CY)
 - Relies on the Evidenced Based Practices (EBP) of a cognitive-behavioral therapy approach to teach youth strategies to manage risk factors in a way that is developmentally appropriate
 - Provides a developmentally sensitive and neurobiologically informed approach to clinical work
 - Provides individual counseling
 - Provides family therapy and family/caregiver support
 - Provides certified treatment for sexual behavior
 - Utilizes appropriate levels of health care to treat substance use and behavioral concerns. This treatment is provided by trained and certified professionals based on screening and assessment



COMMUNITY:

- CONTINUE WITH SAME PROVIDERS AND NEEDED SERVICES FROM CUSTODY TO COMMUNITY
- START REENTRY PLANNING EARLY ON AND DEVELOP SUPPORTS FOR YOUTH IN THE COMMUNITY
- SAFE AND STABLE HOUSING

ON-SITE SPECIFICS:

- The UCCI CBI-CY provides an innovative approach to education and vocational services
- Evidence based core programming to address criminogenic needs
- Individualized counseling services to address complex trauma and provide youth resilience building skills for challenges they will face when they reintegrate into the community
- Enrichment activities such as music, art, sports, service projects, and animal therapy.
- Family therapy and opportunity for positive interactions
- Connection to Credible Messengers who will continue to work with the youth when reintegrated back into the community
- Training in life skills that apply to the real world experiences
- Individualized case planning which incorporates youth and family voice and choice with a multidisciplinary team
- Specialized programming is available related to intimate partner violence, inappropriate sexual behavior, and is gender responsive

Educational/Vocational & Elective Pathways

Educational Pathways

Through a working partnership with the County Office of Education (COE). Youth/Young Adults will have the opportunity and support to enroll in online college courses at the following colleges,

- De Anza College
- Foothill College
- San Jose City College
- Evergreen College
- Mission College

Additionally, youth/young adults who need to complete their high school diploma or Hi-Set equivalency will be supported by the COE.

Elective Pathways

Youth/Young Adults will have the opportunity to participate in elective pathways through our partnerships with Junior Colleges, and earn Certificates of Completion for employment, as programs and services become available in the future. Additionally, COE offers the following classes:

- Virtual Forklift Classes
- Virtual Welding Classes
- Music Production

Electives Opportunities in Collaboration with COE and Junior Colleges

- Computer Classes
- Gardening/Landscaping
- Personal Trainer
- Auto Technician Training

Vocational Pathways

Multi-Trade Introduction Curriculum

Our Pre-Apprentice pathway provides the foundation for youth/young adults to get formal training in the trades. This training includes CPR/First Aid, how to use tools safely, math entrance exams preparation, and other pre-requisite topics.

In addition, youth/young adults will have the opportunity to work with trades instructors from various building trade unions for hands on experience.

Vocational Pathways: Multi Trade Introduction Curriculum is designed to teach youth/young adults a variety of Trades:

- Carpentry
- Electrical
- Plumbing
- Tiling
- Ironworks
- Cement Masons
- Painters
- Pile drivers
- Plasters
- Roofers & Water proofers
- Sound & Communications
- Sheet Metal



ENRICHMENT PROGRAMS

Multi Agency Assessment Center (MAAC)

**Partnering with Community Based Organizations (CBO),
Behavioral Health, Volunteers & Probation Staff.**

Enrichment program areas including, but not limited to:

- Animal Therapy
- Art
- Computer Literacy
- CPR
- Creative Writing
- Credible Messengers/Mentoring
- Dance
- Faith-Based Services
- Gardening
- Leadership Skills
- Library
- Life Skills/ Self Sufficiency
- Social Responsibility
- Music
- Pro-Social Activities
- Sexual Health Education
- Victim Awareness
- Yoga



MAAC CBOs Partnerships

Catholic Charities: Conducts **group workshops and individualized sessions** using a curriculum that addresses family relationships, substance use, conflict resolution, healthy relationships, and communication skills.

Fresh Lifelines for Youth: Conducts **group workshops and individualized sessions** using a curriculum that addresses the youth's rights and the Juvenile Justice or Criminal Justice System.

AARS/HealthRIGHT 360: Conducts **group workshops and individualized sessions** using a curriculum that addresses substance use.

New Hope for Youth: Conducts character development individual and **group workshops** using El Joven Noble and Xinachtli curriculum. (Rites of passage character development for male and female youth). They also conduct one on one sessions that focus on gang intervention.

Young Women's Freedom Center: Provides female and Trans-Gender Non-Conforming (TGNC) youth with a leadership development program using Inside/Outside approach and "Lift Us Up, Don't Lock Us Down" curriculum to reduce youth recidivism and justice system involvement. Sessions are both group and individual.

Painter of Legends: Provides group art workshops.

Correctional Institutions Chaplaincy (CIC) Ministries: Provides multi-faith Chaplaincy Services in either an individual or group setting. Workshop services, Religious Observances, Spiritual Counseling, provides scriptures and/or religious texts, and other Religious Services as needed.

Catholic Charities-Religious Services: Provides Catholic Chaplaincy Services, individual or group setting, which include Worship Services, Religious Observances, Pastoral Visitation, Spiritual Counseling, and other related services.

The Beat Within: Guide youth in creative writing, art, and group drawing workshops. They create and distribute bi-weekly publications where youth's/young adults work is displayed.

SCCOE College Liaison: Provides college assistance and resources to high school graduates and seniors, to expose them to a variety of career and college pathways.

MAAC CBOs Partnerships

YWCA: Provides sexual assault education **Individual and group workshops**, crisis hotline services, victim advocacy services and support services.

Planned Parenthood: Provides sexual health education presentation to youth/young adults **Group workshops**.

Girl Scouts of Northern California: Offers leadership training classes through the “Got Choices” Program, which includes a service curriculum focused on promoting a healthy lifestyle. They also provide weekly leadership training classes focused on self-esteem, gang and crime prevention, and positive life choices.

Unchained: Provides Animal Assisted Activities (AAA) program designed to teach justice-involved youth how to train animals using basic commands while learning socialization skills by pairing the youth/young adults with an animal. The AAA aims to improve human physical, social, emotional, and cognitive functioning. (Group Workshops)

Art of Yoga: Provides group yoga workshops to youth/young adults.

International Association for Human Values (IAHV): Provides group workshops to reduce trauma and interpersonal conflicts by teaching relaxation breathing techniques to better cope with stress, sleeplessness, and anxiety.

Furry Friends: Provides pet assisted therapy services in a group setting.

Garden Program: Hands-on workgroups and education related to gardening, cultivation, teamwork, and healthy choices.

Loustyles Hair Studio: Provides haircut and beard trimming services to male and female youth/young adults.

BEHAVIOR MANAGEMENT

Behavior Management Recommended Model

Level System with
Goals/Purposes based on
Evidenced Based Practices
(EBP), & Positive Behavioral
Interventions & Supports (PBIS)

Ease the transition into the Santa Clara Secure Youth Treatment Facility

- Create a transition so youth/young adults are familiar with expectations upon admission. This will help reduce the orientation period to provide staff and youth more time to focus on overall program goals.

Acknowledge youth's previous efforts/behavior in JH.

- New model will reward "A" Level youth by giving them "credits" to apply to future level progressions.

Encourages modeling pro-social behaviors.

- As the youth progress in the program, there will be leadership/mentorship components built into each phase.

Balances short/long-term commitments/goals

- Because of longer average commitments, incentives/goal setting needs to be tailored accordingly to allow everyone to obtain the program's incentives/rewards, regardless of commitment time.

Progress Reports lead to increased collaboration/goal setting between youth and staff

- Youth/Young Adults will be actively involved in process. Progression through the Level System, for the most part, is not automatic. It will require active youth engagement and collaboration between staff and youth.

