



**RANDALL CHILDREN'S
HOSPITAL**

LEGACY EMANUEL

CHILD LIFE VOLUNTEERING

ABI ARANT

WHAT IS CHILD LIFE?



- Provides emotional support and coping skills
- Provides procedural preparation & support
- Normalizes hospitalization
- Advocates for child's needs

WHY WAS CHILD LIFE ESTABLISHED?

- Pediatric hospital staff felt it was necessary for children to be treated more than just “little adults” while they are in the hospital
- Play is a form of medicine



CHILD LIFE MISSION STATEMENT & PHILOSOPHY

Mission Statement: To help infants, children, youth, and families cope with the stress and uncertainty of illness, injury and treatment. We provide evidence-based, developmentally-appropriate interventions including therapeutic play, preparation and education to reduce fear, anxiety and pain.

The association of child life professionals values play, and all specialists have a strong base in human development to help provide the best care and support according to each developmental age and stage in life.

RANDALL CHILDREN'S HOSPITAL PHILOSOPHY: "KIDS FIRST"

“Randall Children's Hospital at Legacy Emanuel has been a regional leader in the care of infants, children and teens for decades. Our pediatric experts understand that children are different than adults-physically and emotionally. That's why we provide comprehensive services for children to meet their health needs on every level. “



WHY RANDALL CHILDREN'S HOSPITAL? WHY CHILD LIFE?

- Previous & current connections to hospital
- Pediatric only hospital and interactions
- I eventually want to become a child life specialist, so this gives me more experience
- Being able to help children feel safer and as happy as possible in the hospital is very important to me, and I love being a part of their experience



VOLUNTEER RESPONSIBILITIES

- Organizing donations & toy basement
- Assisting during patient activities (ex. Tie dying shirts, movie night, bingo parties)
- Restocking toys on unit floors
- Playing with patients and/or siblings



UNMET NEEDS



-ORGANIZATION!!!!!!

-Some patient interactions

-Donation connections

PLAN TO HELP MEET THOSE NEEDS



- Organize toy basement
- Seek donation opportunities & provide what hospital currently needs
- Play & interact with patients

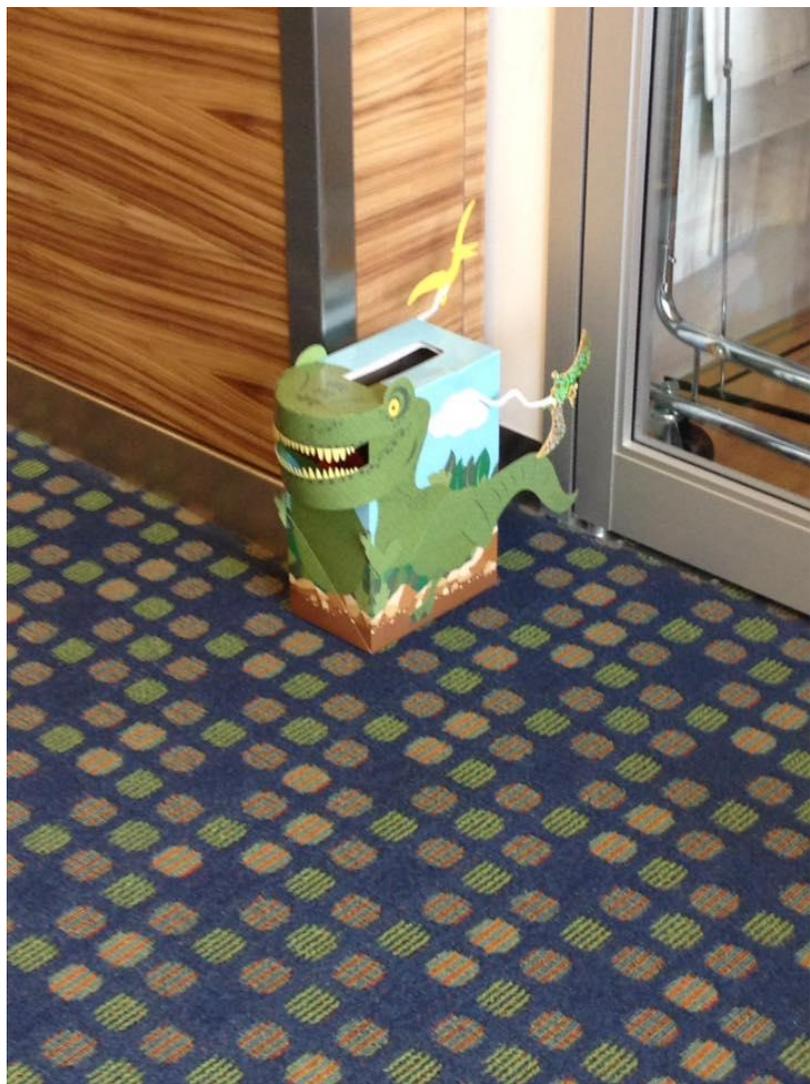
HOW WAS MY PLAN IMPLEMENTED?

- Organized basement by labeling by age group and type of toy
- Made suggestions for new toys to order or request on wishlist
- Donate items to nearby Legacy clinics, and receive donations for child life team
- Played and interacted with children who needed a fun activity to do during their hospital stay

HOW DID THIS CREATE CHANGE?



This made children have a little more fun while in the hospital. It gave them a sense of normalization while staying at Randall, and also helped the Child Life Specialists know where each toy was and who to give it to, so they can play and interact with as many patients as possible. Donations helped to give children in other clinics nearby the same opportunity.



THANK YOU!